



PLAY-BASED WELLBEING
CURRICULUM · K-YEAR 9



— THE SCHOOL OF PLAY CURRICULUM

Positive school culture, built through **play.**

A curriculum students love.
Engaging · play-based · unforgettable

A platform teachers love.
Ready-to-teach · time-saving

A culture schools can feel.
Connection · belonging · wellbeing

— WHY WE BUILT IT

Every school wants the same thing.

Students who feel like they belong, teachers who love coming to work, and classrooms filled with curiosity, confidence and connection. Yet for many schools, that vision is becoming harder to achieve.

Students

Arriving at school carrying greater social, emotional and wellbeing needs than ever before.

Teachers

Balancing rising workloads while striving to create classrooms where every learner feels seen and engaged.

Leaders

Expected to improve wellbeing, strengthen belonging, support behaviour and lift engagement — all at once.

We believe there is a better way. Not by adding another initiative. Not by creating more work for teachers. But by intentionally creating the daily experiences that help children feel safe, connected and ready to learn.

When students feel connected, they participate. When they feel psychologically safe, they become brave enough to contribute. When they know they belong, they build confidence, resilience and positive relationships.

Learning flourishes when people feel like they belong.



POSITIVE CULTURE IS BUILT THROUGH THE SMALL MOMENTS THAT HAPPEN EVERY SINGLE DAY

OUR BELIEF

Children learn best when they feel safe. They thrive when they feel connected. They flourish when they know they belong. That's why we created a curriculum to build connection, strengthen wellbeing and create positive cultures — through simple, engaging experiences students love and teachers can confidently deliver.

— BUILT BY EDUCATORS, FOR EDUCATORS



What Makes The School of Play Different?

Not another program to squeeze into a busy timetable — it's designed to make every school day more connected, more engaging and more meaningful.

Built by combining the **science of play** with practical classroom experience to create simple, ready-to-teach lessons. Every activity has a purpose. Every lesson builds connection. More than a collection of activities, it's a complete **wellbeing ecosystem**.



Built for Students

Students don't learn wellbeing by sitting and listening — they learn it by experiencing it. Our play-based approach develops connection, communication, resilience, empathy and emotional literacy through engaging experiences every child can enjoy.



Built for Teachers

Teachers deserve resources that save time, not create more work. Every lesson is ready to teach — with step-by-step video tutorials, detailed lesson plans, printable resources and curriculum mapping — everything needed to deliver with confidence.



Built for Schools

A positive culture takes more than great lessons. We bring together curriculum, Respectful Relationships, family engagement, professional learning and wellbeing data into one connected ecosystem — a shared language from classroom to staffroom.



Every experience contributes to a stronger school culture.

The confidence, consistency and support to create lasting change.

Connection comes before culture.

Positive cultures don't happen by chance. They're the outcome of thousands of small moments — and when we intentionally create opportunities to connect, a powerful chain reaction begins.

Play

Creates opportunities for movement, laughter, curiosity and shared experiences.



Connection

Students begin building genuine relationships with their peers and teachers.



Psychological Safety

As trust grows, students feel safe to contribute, ask questions, make mistakes and be themselves.



Belonging

Feeling accepted and valued creates a strong sense of belonging in the classroom and school.



Engagement

Students who feel they belong participate more, collaborate more and invest more deeply in learning.



Learning

Engaged students are more curious, more confident and more willing to challenge themselves.



Wellbeing

Positive daily experiences strengthen resilience, confidence and emotional wellbeing over time.



Positive School Culture

Repeated every day, across every classroom, until it becomes the culture of the school.

— EVERYTHING YOU NEED. NOTHING YOU DON'T.

Everything Your School Receives

Built by teachers who understand school life. Whether you're introducing it in one classroom or across an entire school, everything is ready from day one.

Complete Curriculum

Kindergarten to Year 9, including Special Education pathways, with 25–40 weeks of ready-to-teach lessons per year-level band.

Teacher Resources

Video tutorials, lesson plans, learning intentions, success criteria, printable guides, curriculum mapping and reflection tools.

Student Resources

Engaging activities, discussion prompts, printable worksheets, challenge cards and reflection opportunities for every student.

Whole-School Resources

Respectful Relationships lessons, family engagement, the Lesson Plan Builder, bonus wellbeing packs and seasonal resources.



Digital Platform

A modern, easy-to-use online platform with instant access to every resource — works across devices and grows with regular updates.

AT A GLANCE

- ✓ Ready-to-teach lessons
- ✓ Curriculum mapped
- ✓ Teacher guides
- ✓ Family engagement activities
- ✓ Printable PDFs
- ✓ Online platform access
- ✓ Kindergarten to Year 9 pathways
- ✓ Step-by-step video tutorials
- ✓ Respectful Relationships aligned
- ✓ Student resources
- ✓ Lesson Plan Builder
- ✓ Brain Breaks
- ✓ Ongoing updates
- ✓ Special Education curriculum



READY FROM DAY ONE

— ALIGNED & INTEGRATED

Respectful Relationships, Brought to Life

Far more than meeting curriculum requirements — helping young people build healthy relationships, understand themselves and contribute positively to their communities.

Rather than relying solely on discussion or worksheets, students learn by participating, reflecting, collaborating and experiencing the behaviours that create respectful, inclusive and connected classrooms.

Our dedicated lessons are integrated throughout the curriculum — meaningful learning **without adding another program** to a busy timetable.



AGE-APPROPRIATE TOPICS ACROSS EVERY YEAR LEVEL

- Emotional literacy
- Personal strengths
- Positive coping
- Problem solving
- Stress management
- Help-seeking
- Gender & identity
- Positive gender relations
- Respect & kindness
- Empathy & compassion
- Effective communication
- Teamwork & collaboration
- Conflict resolution
- Bullying prevention
- Inclusion & belonging
- Leadership & influence



LEARNING BY PARTICIPATING, REFLECTING & COLLABORATING TOGETHER

Respectful relationships aren't built through a single lesson. They're built through everyday moments of connection.

When students experience respect, inclusion and belonging every day, those behaviours become habits — and those habits shape the culture of the entire school.

— BUILT ON EVIDENCE. DESIGNED FOR IMPACT.

Grounded in research. Trusted in classrooms.

Decades of research show connection, belonging, movement and positive relationships are fundamental to learning, wellbeing and long-term success — and every lesson is designed around them.



University Validated

Independently evaluated with La Trobe University.



Science of Learning

Built on research into play, belonging, movement & wellbeing.



Created by Educators

Designed by teachers, for teachers.



Real Classrooms

Refined through thousands of sessions.



Global Reach

Supporting schools in 25+ countries.



Curriculum Aligned

Supports the Australian Curriculum & wellbeing frameworks.



Whole-School Approach

Connecting students, staff, families & leadership.



Beyond the Curriculum

Part of a complete ecosystem for positive culture.

Validated with La Trobe University

We partner with researchers from La Trobe University to independently evaluate our impact on connection & belonging, emotional wellbeing, resilience, happiness, vitality, engagement and positive school culture.

More Than Research — Real Classrooms

Every lesson has been tested, refined and delivered in real classrooms — evolving through thousands of interactions across early learning, primary, secondary and specialist settings.

RESEARCH HIGHLIGHTS

Connection drives learning.

Students with a strong sense of belonging engage more, persist through challenges and achieve positive outcomes.

Psychological safety encourages participation.

When students feel safe to contribute, confidence, curiosity and collaboration flourish.

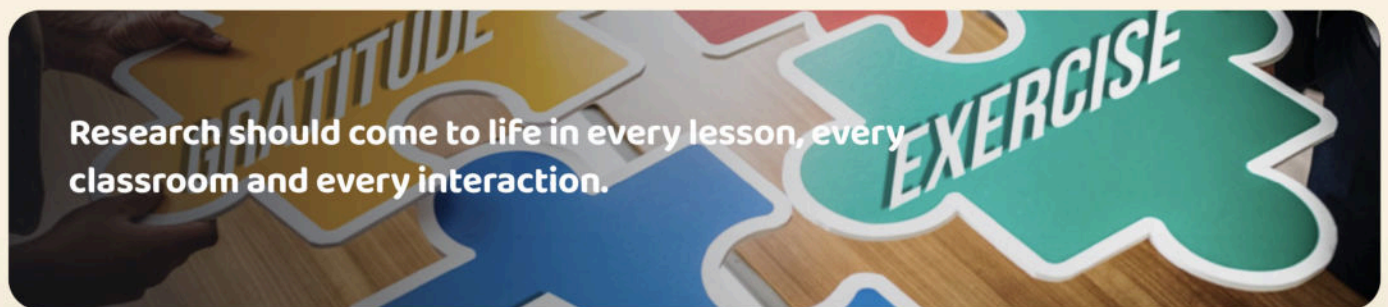
Play enhances development.

Purposeful play strengthens communication, creativity, problem solving and emotional regulation.

Movement prepares the brain to learn.

Regular movement supports attention, memory, emotional regulation and readiness for learning.

Research should come to life in every lesson, every classroom and every interaction.



EXERCISE

— ONE CURRICULUM. EVERY STAGE.



A complete learning journey, K–9 & beyond.

Children don't stop developing after one year level — and neither should their wellbeing education. Each stage builds on the one before it, growing alongside every student.

Early Learning

KINDERGARTEN

Foundations of play, connection, emotional awareness and belonging through movement, storytelling and joyful shared experiences.

Foundation

PREP / YEAR F

Transitioning confidently into school — developing friendships, routines, confidence and a sense of safety.

Years 1–2

LOWER PRIMARY

Strengthening communication, emotional regulation, teamwork, kindness and curiosity through engaging play.

Years 3–4

MIDDLE PRIMARY

Developing empathy, resilience, collaboration and problem-solving; understanding themselves and others.

Years 5–6

UPPER PRIMARY

Building leadership, confidence, respectful relationships, emotional intelligence and positive decision-making.

Years 7–9

SECONDARY

Supporting adolescence with identity, belonging, resilience, wellbeing, relationships and positive culture.

Special Education

INCLUSIVE PATHWAYS

Adapted experiences prioritising accessibility, engagement and success through flexible, strengths-based approaches.



AGE-APPROPRIATE EXPERIENCES THAT GROW ALONGSIDE EVERY STUDENT

ONE PHILOSOPHY · ONE SHARED LANGUAGE · ONE COMMUNITY

From a child's first days of school through to the teenage years, every lesson reinforces the same core belief: connection comes first.

— MORE THAN A CURRICULUM

Your School of Play Member Hub

An ever-growing digital hub that inspires teachers, engages students and strengthens the connection between school and home — every resource in one beautifully organised space.

✦ POWERED BY AI

Play Studio

Tell us what you're teaching. We'll help build the lesson.

Trained on our play-based framework, curriculum methodology and years of educational expertise — not generic activities. Give it a year level, a curriculum area, a wellbeing focus, a classroom challenge or a special event...

Unique lesson ideas

Play-based activities

Reflection questions

Full lesson sequences

From maths, literacy and science to Respectful Relationships, Harmony Week, NAIDOC Week or Book Week — everyday learning becomes meaningful experiences students love.



Family Hub

Extending the magic beyond the school gate.

More than 30 ready-to-share family activities that encourage parents, carers and children to play, laugh, reflect, show gratitude, practise kindness and spend quality time together.

Share through newsletters, learning platforms or directly with families — creating a shared language of connection between home and school.



Your Complete Curriculum Library

Every lesson, activity, worksheet and resource — beautifully organised. Search by year level, curriculum area, wellbeing focus or topic. Less time searching. More time connecting.

Great teaching isn't about having more resources — it's about having the right ones, exactly when you need them.



Different communities. One shared goal.

Partnering with schools and early learning settings across Australia and around the world — helping educators build connection, belonging and wellbeing that lasts.

Mayfield Early Education CONSISTENCY ACROSS EVERY CENTRE

With centres across Australia, they wanted a consistent approach to social-emotional learning and a shared language around wellbeing. Educators reported increased confidence, stronger friendships and greater participation — children who were hesitant began joining in willingly.

“The curriculum has become part of the rhythm of our centres. We’re seeing confidence and connection grow every week.”

Kananook Primary School WELLBEING AS A SPECIALIST SUBJECT

Principal Michael Block gave wellbeing the same importance as other specialist subjects. Every class now has a weekly School of Play session led by a dedicated Education Leader — students return happy, energised and ready to learn, with stronger classroom relationships.

“Making School of Play a specialist subject has elevated the importance of connection. You can genuinely feel the difference across our classrooms.”

Eskdale Primary School A WEEKLY WHOLE-SCHOOL RHYTHM

Every Wednesday morning the entire school participates together — a cornerstone of their wellbeing approach. Wednesdays have become a highlight of the week, with stronger connections, happier students, fewer wellbeing concerns and a noticeable lift in engagement.

“School of Play has changed the way our Wednesdays feel. The energy is different and that positivity carries into the rest of the week.”



SUPPORTING SCHOOLS & COMMUNITIES ACROSS AUSTRALIA AND AROUND THE WORLD

25+

Schools around the world — one philosophy, many communities.

From small rural schools to large metropolitan colleges and international campuses, our approach adapts to each community while holding one belief constant: **connection comes before culture.**

— THE DIFFERENCE YOU'LL FEEL

When connection becomes intentional, culture follows.

Every school's journey is unique — but the outcomes are remarkably consistent for students, teachers, leaders and families alike.

For Students

They feel like they belong — building friendships, confidence and a willingness to contribute. **Happier, more connected students equipped with the skills to thrive.**

For Teachers

Less time searching, more time building relationships. **Confident teachers, engaged classrooms and stronger relationships** — with a shared language across the school.

For Leaders

A consistent, whole-school approach that aligns staff and supports students. **Sustainable improvement reaching every classroom.**

For Families

Families become partners in the journey. **Stronger partnerships and greater consistency** between school and home.

THE DIFFERENCE YOU'LL FEEL

- ✓ Students who look forward to coming to school.
- ✓ Teachers who feel confident teaching wellbeing.
- ✓ Stronger relationships across the whole community.
- ✓ Classrooms where every child feels seen, valued & included.
- ✓ A shared language that connects every classroom.
- ✓ Wellbeing woven into everyday learning — not another initiative.



A CULTURE YOU CAN FEEL FROM THE MOMENT YOU WALK THROUGH THE GATES

YOUR JOURNEY STARTS HERE

01

Book a Demo

Experience the curriculum and explore the platform for your school's vision.

02

Explore the Curriculum

See the lessons, resources and tools thousands of educators use every day.

03

Implement With Confidence

From onboarding to ongoing support, we work alongside your team.

04

Watch Your Culture Grow

Small moments of connection become belonging — and positive culture.

We'd love to be part of your story.

Book a discovery call and speak with our team about your school's vision.

[Book a discovery call](#)

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